



## CLIENT'S BILL OF RIGHTS

You have the right to:

- Receive respectful treatment that will be helpful to you
- Receive a particular type of treatment or end therapy without any obligation
- A safe environment free from sexual, physical and emotional abuse
- Report unethical and illegal behavior by a therapist
- Ask questions about your therapy
- Request and receive full information about the therapist's professional capabilities, including licensure, education, training, experience, ;professional association membership, specializations and limitations
- Refuse electronic recording or request it if you wish
- Refuse to answer any questions or disclose any information you choose not to reveal
- Know the limitations of confidentiality and the circumstances in which a therapist is legally obligated to disclose information to others
- Know if there are supervisors, consultants, students or others to whom your therapist will discuss your case
- Request and receive a summary of your chart including the diagnosis, your progress and type of treatment
- Receive a second opinion at any time about your therapy or your therapist's methods
- Request that the therapist inform you of your progress

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