

CLIENT HEALTH HISTORY

Patient Name: _____

Person completing form (if other than patient): _____

Contact person in case of emergency: _____ **Relationship:** _____

Phone #: _____

Primary Care Physician: _____

Date of Last Exam: _____

Current Medical Condition(s):

Are you currently taking any prescription or "over the counter" medication(s)? No ___ Yes ___

If Yes, please identify the name, current dosage, and date began for each: _____

Do you have any allergies? No ___ Yes ___ If yes, please list: _____

Have you received any Psychological/Psychiatric treatment before? No ___ Yes ___

If Yes, please show the total number of outpatient visits you have had: _____

What was your age at the first visit? _____

Have you had any inpatient/hospital treatment for mental health or substance abuse? No ___ Yes ___

[If Yes, please list facility(ies) date(s) and length(s) of stay(s)]: _____

What caused you to get help now?

Do you smoke cigarettes? No ___ Yes ___ If yes, how many per day? _____

How much alcohol do you drink per week on average? _____ drinks per week

Have you had problems with your drinking (legal, health, work, relationship?)

No ___ Yes ___ If Yes, please explain: _____

Please answer whether or not you are experiencing any of the following symptoms:

Suicidal Thoughts/Impulses N ___ Y ___

Homicidal Thoughts/Impulses N ___ Y ___

Appetite Problems N ___ Y ___

Sleep Problems N ___ Y ___

Physical Complaints N ___ Y ___

Anger/Irritability N ___ Y ___

Isolation/Social Withdrawal N ___ Y ___

Anxiety/Panic N ___ Y ___

Phobia N ___ Y ___

Bingeing/Purging N ___ Y ___

Poor Impulse Control N ___ Y ___

Violence Toward Others N ___ Y ___

Destruction of Property N ___ Y ___

Strange or Unusual Behavior N ___ Y ___

Confused or Irrational Thinking N ___ Y ___

Bothersome Repetitive Thoughts or Behaviors N ___ Y ___

Self-mutilation N ___ Y ___